



2009

Dear High School Girls Soccer Coaches & Players;

Town & Country Sports Complex is hosting the 8th Annual High School Girls soccer team camp, July 10 – 14, 2009. The camp is a five day camp running from Friday through Tuesday (Friday, Saturday, Sunday, Monday, and Tuesday), from 9:00 a.m. to 1:00 p.m. each day.

Last years camp was a huge success! The camp hosted a variety of different high school teams from both sides of the river. Enclosed you will find a bio of the experienced staff that will run the camp, facility notes, camp format, the cost of the camp and the registration form.

NovaCare will provide on site physical therapists and trainers. **Our camp will provide an excellent opportunity for girl soccer players to get both a physical and mental leg up on the fall competition. We truly hope you consider this camp for your team.**

For more information please feel free to contact JT Roberts at (513) 200-6228 or email – gm@kingssa.com, or Bob Sheehan at (859) 496-6132 or email – nkusoccer@zoomtown.com.

Yours in Soccer,

Bob Sheehan
J.T. Roberts
Directors



**TOWN & COUNTRY 7th ANNUAL HIGH SCHOOL GIRLS TEAM CAMP
JULY 10 - 14, 2009 (Friday - Tuesday)**

To register for the team camp please fill out the form below. Please make sure all is complete and the medical release form is signed; mail to:

**Town & Country High School Camp
1018 Town Drive
Wilder, KY. 41076**

Please make check payable to: Town and Country – High School Camp

You may also fax registration to Town and Country at (859) 442-9003

If you have any questions, please feel free to contact JT Roberts at (513) 200-6228 or email _gm@kingssa.com or Bob Sheehan at (859) 496-6132 or email – nkusoccer@zoomtown.com

**CAMP COST: \$115.00 (\$125.00 IF RECEIVED AFTER JUNE 1, 2009)
PLEASE PRINT CLEARLY**

Player's Name: _____

High School: _____

Fall 2009 Grade: _____

Home Address: _____

City: _____ State: _____ Zip: _____

Home Phone: _____ Work Phone: _____

Email Address: _____

Date of Birth: _____ Present Age: _____

T-Shirt Size (circle one): AS AM AL AXL

Amount Enclosed _____

Do you expect to play (circle one): Reserve Varsity

Method of Payment (circle one): Visa Mastercard Check Cash

Account# _____ Expiration Date _____



MEDICAL RELEASE FORM HIGH SCHOOL GIRLS TEAM CAMP

IF NECESSARY, I AUTHORIZE TOWN & COUNTRY SPORTS COMPLEX TO ADMINISTER FIRST AID AND/OR MEDICAL TREATMENT. ALSO, I AGREE TO HOLD TOWN & COUNTRY SPORTS COMPLEX AND ITS EMPLOYEES HARMLESS FOR ANY INJURIES SUSTAINED DURING THIS SPORTS CAMP. COACHES AND INSTRUCTORS ARE SAFETY CONSCIOUS AND FOLLOW APPROPRIATE SAFETY PROCEDURES IN THE EVENT OF AN INJURY OR ILLNESS, EVERY EFFORT WILL BE MADE TO CONTACT PARENTS OR GUARDIANS. THIS AGREEMENT AND WAIVER HAS BEEN READ THOROUGHLY AND UNDERSTOOD COMPLETELY.

PARENT/GUARDIAN SIGNATURE _____

DATE _____

PLEASE INDICATE ANY MEDICAL PROBLEMS IN THE SPACE PROVIDED BELOW:



**TOWN & COUNTRY GIRLS HIGH SCHOOL TEAM CAMP
JULY 10 - 14, 2009 (Friday – Tuesday)**

Co-Directors:

Bob Sheehan – 1st coach of Northern Kentucky University women's soccer program, founded in 1997. Record at NKU is 200-47-13, including 6 GLVC championships, 3 NCAA Final Four appearances, and 5 NCAA Elite Eight appearances. 2000 team finished as Division II National Runner-up. In 13 years at Cincinnati St. Ursula, was named Southwest Ohio Coach of Year 7 times, GGCL Coach of Year 7 times, 2 times Ohio Coach of Year, Central Region Coach of the Year, and his team's won 2 Ohio State Championships. Finished as the #1 ranked team in Cincinnati five consecutive years (1991-1995). Career record as St. Ursula was 195-48-28. Has coached 3 HS and 5 collegiate All-Americans.

J.T. Roberts – 1st Team All-State at Princeton HS, All-American striker at Northern Kentucky University, GLVC Player of the Year, led Northern Kentucky University to 3 consecutive GLVC titles, Drafted by and trained with the New England Revolution of Major League Soccer. JT is currently the General Manager of the Kings Soccer Academy and holds his USSF B License and National Youth License.

Current and Former Collegiate Women Soccer Players, Universities represented include; University of Cincinnati, University of Kentucky, University of Dayton, University of Louisville, Northern Kentucky University, Ohio University, Xavier University.

Guest appearances by the Kings PDL Players



TOWN & COUNTRY GIRLS HIGH SCHOOL TEAM CAMP

FACILITY

OUTDOOR FIELDS:

The Town & Country Sports Complex offers 3 grass fields and 2 artificial fields. 11 vs. 11 will be played on 3 of the grass fields and the 2 artificial fields. 7 vs. 7 will be played on the smaller grass field.

INDOOR FACILITY:

We will also utilize the two (2) air-conditioned indoor soccer field. The turf is the same as the outdoor artificial fields so players wear normal cleats on the indoor field. In case of lighting, we will also be able to utilize indoor basketball court for small games. In case of soaking rain, we will still be able to utilize the artificial fields and the indoor complex.

SPEED TRAINING/ATHLETIC TRAINING:

Town & Country Sports Complex has an extensive workout facility, along with Novacare. The 8000 square foot facility will be utilized throughout the week. Novacare will provide physical therapists and trainers for all campers. They also have a large speed training area and all campers will have at least one session during the week in speed training/agility exercises.

FORMAT

THE GENERAL FORMAT WILL BE MONDAY – FRIDAY WITH TWO 45 MINUTE TRAINING SESSIONS FOLLOWED BY TWO 45 MINUTE GAMES.

SESSION

9:00 – 9:45 – TRAINING SESSION
10:00 – 10:45 – TRAINING SESSION
11:00 – 11:50 – GAME
12:00 – 12:50 - GAME

COST

\$115.00 IF PAID BY JUNE 1

\$125.00 IF PAID AFTER JUNE 1

If you have any questions, please feel free to contact JT Roberts at (513) 200-6228 or email – gm@kingssa.com, or Bob Sheehan at (859) 496-6132 or email – nkusoccer@zoomtown.com